

Vermont Mental Health Performance Indicator Project
Agency of Human Services, Department of Health, Division of Mental Health
108 Cherry Street, Burlington, Vermont 05401

TO: Vermont Mental Health Performance Indicator Project
Advisory Group and Interested Parties

FROM: John Pandiani and Shoshana Boar

DATE: November 18, 2005

RE: Licensed Mental Health Professionals

This week's PIP presents information about the number of Vermont licenses for mental health professions in conjunction with partial information regarding licensed mental health professionals employed by designated community mental health service providers. This analysis was conducted in response to a question from Terry Fisher, Primary Care Coordinator in the VDH Office of Rural Health and Primary Care regarding the number of licensed mental health professionals in the state of Vermont.

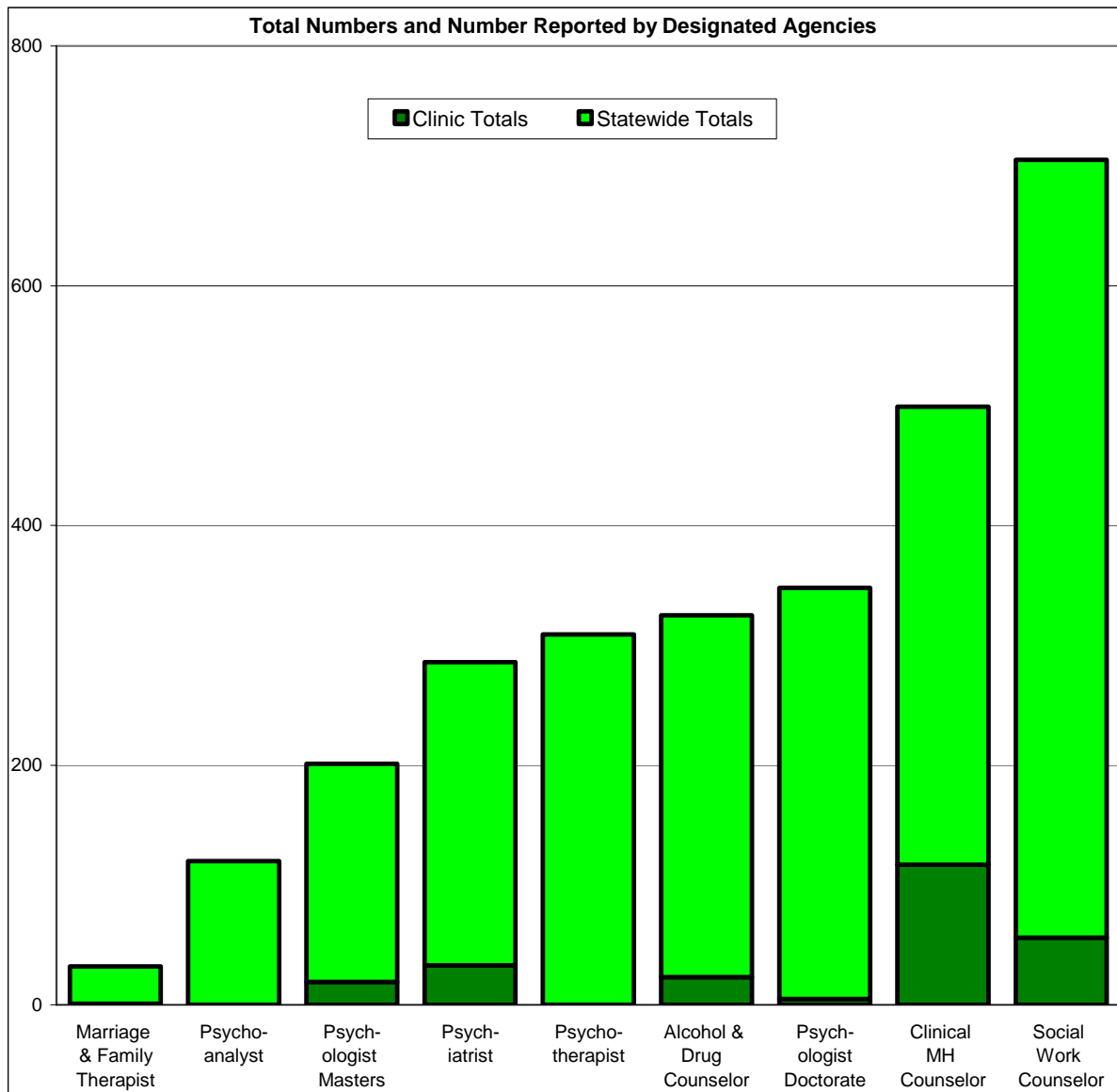
Information regarding licensed mental health professionals was obtained from *Licensed and Certified Occupations in Vermont: 2005* (<http://www.vtlmi.info/licocc.pdf>) published by the Labor Market Information section of the Vermont Department of Employment and Training. Information regarding psychiatrists licensed by the Board of Medical practice was obtained from the Vermont Board of Medical Practice on-line database (<http://www.healthyvermonters.info/bmp/bmp.shtml>). Information regarding licensed professionals employed by designated community mental health agencies was obtained from the Staff Data Sets provided to DMH by designated providers on a quarterly basis. Since individual practitioners may hold more than one professional license, it is important to recognize that the sums of the counts of licenses do not provide numbers of registered individuals. The number of licenses in a given category, however, should provide an unduplicated count of the number of individuals represented. During the FY2005 reporting period, only partial data was available from designated agencies. One designated agency provided no staffing data, another did not report any data regarding staff licensing, and another three agencies provided licensing data for fewer than five staff. The remaining three agencies provide information about staff licensing for an average of almost 50 individuals each.

As you will see, Social Work counselors comprised the largest group of licensed mental health professionals (705), followed by Clinical Mental Health counselors (499). Psychologists with a doctoral degree, Alcohol and Drug Abuse Counselors, and Psychotherapists followed with 348, 325, and 309 individuals respectively. The licenses held by the smallest number of individuals were Psychiatrists (286), Master's level Psychologists (201), Psychoanalysts (120), and Marriage and Family Therapists (32).

It is interesting to note that the Vermont Department of Health 2002 Physician Survey (<http://www.healthyvermonters.info/hs/phstat/provider/phys02bk.pdf>) found that only 146 of the 286 licensed Psychiatrists were actively practicing psychiatry in Vermont. We do not know how many of the other licensed mental health professionals are actively practicing in Vermont and how many are not.

We look forward to your comments and questions regarding the mental health workforce in Vermont. We can be reached at 802.863.7249 or pip@vdh.state.vt.us.

Licensed Mental Health Professionals in Vermont



	Marriage & Family Therapist	Psycho- analyst	Psych- ologist Masters	Psych- iatrist	Psycho- therapist	Alcohol & Drug Counselor	Psych- ologist Doctorate	Clinical MH Counselor	Social Work Counselor
Total Licensed	32	120	201	286	309	325	348	499	705
Reported by DAs	1	0	19	33	*	23	5	117	56

* Not a CMHC Reporting Category

Information regarding licensed mental health professionals is from the 2005 DET report Licensed and Certified Occupations in Vermont. Information regarding psychiatrists licensed by the Board of Medical practice was obtained from the 2002 Physician Survey conducted by the Vermont Department of Health. The number of licenses in a given category should provide an unduplicated count of the number of individuals represented. Sums across categories may include duplicate counts.

Information regarding licensed professionals employed by designated community agencies is from the Quarterly Staff Data Sets provided by these agencies. These data are incomplete. One agency provided no staffing data for FY2005, another did not report any data regarding staff licensing, and another three agencies provided licensing data for less than five staff. The remaining three agencies provided staff licensing for an average of 50 individuals each.

Mental Health Licensed or Certified Occupations in Vermont

Marriage & Family Therapist

Description: Counsels individuals and families having problems concerning family relationships or other aspects of their social functioning.

Number of Licenses 32

Mental Health Counselor, Clinical

Description: Counsels mentally or emotionally disturbed persons and their families as part of a psychiatric and allied team to diagnose problem areas and provide a treatment plan.

Number of Licenses 499

Psychoanalyst

Description: Provides therapeutic services based on an understanding of the unconscious and how unconscious processes affect the human mind as a whole, including actions, thoughts, perceptions and emotions.

Number of Licenses 120

Psychologist, Doctorate

Description: Applies the principles and methods of the science of psychology to explore problem areas with individuals or groups who are suffering from adjustment problems or emotional or mental disorders. Holds a doctoral degree in psychology from a professional psychology training program.

Number of Licenses 348

Psychologist, Master

Description: Applies the principles and methods of the science of psychology to explore problem areas with individuals or groups who are suffering from adjustment problems or emotional or mental disorders. Holds a master's degree in psychology from a professional psychology training program.

Number of Licenses 201

Psychotherapist, non-licensed and non-certified

Description: Evaluates, treats or counsels individuals or groups to alleviate emotional, social or mental disorders. Is neither a licensed psychologist, clinical social worker, mental health counselor, certified marriage and family therapist or a psychoanalyst.

Number of Licenses 309

Social Worker, Clinical

Description: Helps individuals and families function in their environment, deal with their relationships, and solve personal and family problems using special knowledge of social resources, human capabilities, and the part that motivation plays in determining behavior drawn from social work theory.

Number of Licenses 705

Alcohol and Drug Abuse Counselor

Description: Informs, motivates, guides and assists those persons affected by problems related to the use of alcohol and/or drugs.

Number of Licenses 325

Source: Vermont Department of Labor, Licensed and Certified Occupations in Vermont 2005